FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KELLY WILLIAM C JR							Name ar [C [N		ker or Trac	ling S	Symbol		heck all ap Dire V Offic	ctor er (give title	ng Pers	son(s) to Iss 10% Ov Other (s below)	ner			
(Last) (First) (Middle) 2000 WATERS EDGE DR. BUILDING C, SUITE 12						3. Date of Earliest Transaction (Month/Day/Year) 09/18/2013									VP, Chief Admin. Officer					
(Street) JOHNSON CITY TN 37604						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	ate)	(Zip)																	
		Tab	le I - No	n-Deriv	ative	Sec	urities	s Ac	quired,	Dis	posed c	of, or Be	neficia	lly Own	ed					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,			Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			d Secui Bene Owne	cially d Following	Form (D) o	n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) o (D)	r Price	Repo Trans (Instr	ted action(s) 3 and 4)			(Instr. 4)		
Common Stock 09/18/						2013			М		3,000	0 A \$		62 4	48,550		D			
Common Stock 09/18/						2013		S		3,000) D	\$15	.5 4	45,550		D				
		7	able II -						uired, D , option					y Owne	I					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. B)		n of		6. Date Exe Expiration (Month/Da	Date		Amount of		8. Price of Derivative Security (Instr. 5)		e (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amount or Number of Shares							
Stock Options (Right to	\$12.62	09/18/2013			М		3,000		(1)	0	3/01/2014	Common Stock	3,000	\$0	3,000)	D			

Explanation of Responses:

1. The option became exercisable in three annual installments beginning on March 1, 2005, which was the first anniversary of the date on which the option was granted.

Remarks:

<u>/s/ William C. Kelly, Jr.</u> <u>09/20/2013</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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